

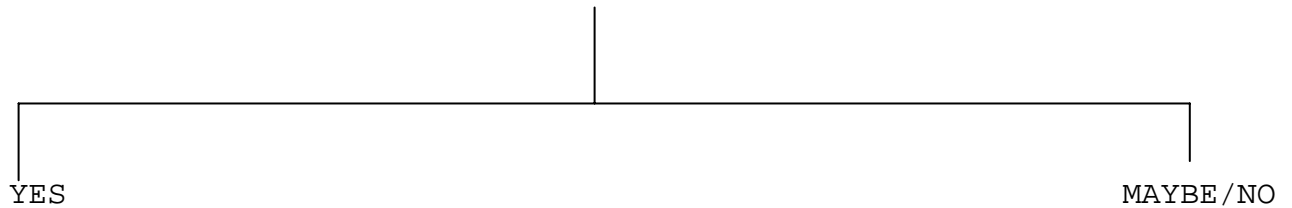
**Appendix A: Stages of Change Interview  
For Competitive Employment**

Name \_\_\_\_\_ Date \_\_\_\_\_

Interviewer \_\_\_\_\_

*The following questions are related to getting a job. I am going to ask about what you are doing to get a job. If you are not looking for a job, I will ask you what things are in the way of getting a job.*

**Do you want to get a job right now?**



**What are you doing about it?**

List activities here

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**What are the pros and cons of \_\_\_\_\_?**

Pros

Cons

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**\_\_\_\_\_ number of months participating in activity**

\_\_\_\_ If less than six months in activity: ACTION STAGE

\_\_\_\_ If more than six months in activity: MAINTENANCE STAGE

**Do pros or cons weigh more?**

\_\_\_\_ If no pros to change: PRECONTEMPLATION STAGE

\_\_\_\_ If cons > pros: CONTEMPLATION STAGE

\_\_\_\_ If pros > cons: DETERMINATION/PREPARATION STAGE

**Have you slipped in the past month?**

\_\_\_\_ If yes: RELAPSE STAGE