

## FREE Classes & Programs:

- Financial Fitness

Learn how to manage your finances and budget as well as Home Ownership and VIDA account information

- Lifeskills

Learn how to maintain a positive attitude when faced with conflict. Be aware of your self confidence and learn how to effectively communicate while problem solving.

- VIDA Program

Would you like to save for a house? Business? Education? Vehicle? This program will match \$3 to every \$1 you save!! Ask your coordinator for more information!

- MERIT Program

You want to become self employed but not sure how? This program will teach you all the basics you need to be your own boss!

- Threshold

Learn what it takes to be a home owner! This class is free to FSS Participants who are also enrolled in a Home Ownership VIDA.

*When I first started FSS I didn't have any goals in life. My divorce left me very insecure of myself and somewhat unsure of my future. I was living one day at a time. After I accomplished my first goal I realized I could do this.*

*The Family Self Sufficiency Program has helped me in so many ways. Having someone on my side has helped make a hard time in our lives easier. I am happy to say I am graduating from the FSS program and purchasing a house. I have no fear in ending my assistance because I learned that I could set goals and complete them with determination and a great support system! Thank you so much for all your help!*

-S.S.

*We came to SHA with a monthly income of around \$900 for a family of six. We were struggling in every aspect, rent, bills and food.*

*Thanks to the great team set into place at SHA, and for the guidance and support through the FSS program, together SHA and I accomplished the mission statement of Salem Housing Authority: **To see that all low-income people in the Salem-Keizer community have the opportunity to live in decent, affordable housing and to move up and out of poverty.**"*

*We are currently bringing in a monthly income of \$3,800 and have recently graduated from the family self sufficiency program and moving out of public housing. We couldn't feel more blessed to have been part of such a wonderful program!*

-T.D.

# What is F.S.S.?

**F.S.S. means Family Self Sufficiency.**

It is a voluntary program offered to Salem Housing Authority Public Housing and Section 8 program participants.



## Why should you join?

- Supportive Services to achieve your goals
- Increase your earnings and we'll turn a portion of your rent into a savings account
- FREE Workshops & Classes available to help you achieve your goals

Let us give you a hand up!

The FSS Program was introduced to the Salem Housing Authority in April 1994. There are now over 400 graduates and over \$900,000 in escrows released to graduates!

### How does this work?

FSS is a five-year program, but you will find that these five years FLY by!

At your first appointment, you and your FSS Coordinator will set goals and plan how to accomplish them in five years. If you experience barriers preventing you from achieving your goals, we will help you overcome them with referrals to outside resources.

As your income increases and your rent goes up, SHA places a portion of the rent difference into what is called an escrow savings account. Once you are successful in meeting your goals, you will receive the balance of your escrow account.

### Want more information?

#### Email or Call us!

**Angela Parada**  
Public Housing FSS Coordinator  
Hablo Español  
503-588-6442  
[aparada@salemhousingOR.com](mailto:aparada@salemhousingOR.com)

**Patricia Wagner**  
Section 8 FSS Coordinator  
503-588-6455  
[pwagner@salemhousingOR.com](mailto:pwagner@salemhousingOR.com)

**Colleen Spencer**  
Section 8 FSS Coordinator  
503-763-3104  
[cspencer@salemhousingOR.com](mailto:cspencer@salemhousingOR.com)

**YES!** I am interested in being part of the FSS Program.

### Family Self Sufficiency Application

PLEASE PRINT

Name: \_\_\_\_\_  Housing Choice Voucher Tenant

Address: \_\_\_\_\_  Current Public Housing Tenant

Home # \_\_\_\_\_ Cell # \_\_\_\_\_

Email \_\_\_\_\_

Is there any accommodation for handicap accessibility required?  Yes  No

If yes, what accommodations are needed? \_\_\_\_\_

Do you wish to have interviews conducted in  English  Spanish

Russian  other

Signature \_\_\_\_\_

Date \_\_\_\_\_

Please complete and return to:

City of Salem Housing Authority

Attn: FSS Program

360 Church St SE

Salem, OR 97301-3707

Or go to our website: [www.salemhousingor.com](http://www.salemhousingor.com) and apply online



through the FSS Program



Equal Housing  
Opportunity