

Before I started working with Supported Employment I was more depressed, had worse anxiety, had no job, had no money and had a hard time getting and keeping jobs. Supported Employment helped me a lot with finding and keeping work, and helped me think more positively and think about things differently. They were always there to talk about issues with me and sometimes they bought me cool stuff like non-slip shoes and gel insoles for my shoes! Right now, I'm a dishwasher at a retirement facility and I've had a few other jobs before this one. Since I've been working, I now have money and I can help my mom out financially. Plus, I don't have to worry so much about money and my mood and health have improved. Some of the things I like most about my job are that most of my bosses and co-workers are really cool. I can work at my own pace and dishwashing doesn't feel like a job because I already do it at home and I like it. In my future, I'm hoping to find a job that I really love, like working with animals or making money with my art and music. I also hope to be able to be found eligible for SSDI and start my own business around art, music and/or animals. My mom also loves that I'm working because I can pay for my own stuff and she doesn't have to help me out so much financially.