

Success story

The supported education program through Options for Southern Oregon has been monumental in my success in returning to education later in my life. Having someone who understands navigating mental health and the issues that may arise when going through this transition has been a great support in helping me succeed. With the support of Allie, I have been able to successfully go to school full-time and earned a spot in the Alpha Zeta Pi honor roll society. My journey to school started strictly online, with the added support, I have been able to attend in-person classes and have even started my own study group on campus. The pride I feel in investing in myself has been monumental in navigating my mental health journey. I recommend anyone thinking of investing in themselves through education investigate the supports that Options Supported Education program can provide, as it has been a monumental part of my growth and success.